## **KEYNOTE SPEAKERS**

### Keynote **Shannon Hardin - He/Him/His City Council President**



Shannon G. Hardin was born and raised in Columbus. He attended Africentric K-8 and Columbus Alternative High School before receiving his letter of acceptance from Morehouse College in Atlanta. After college Shannon served as the External Affairs Manager, LGBTQ liaison, and was on the Religious Advisory Commission for the Office of Mayor Michael B. Coleman. Shannon provided a strong voice for the community to

raise Columbus's Human Rights Campaign's Municipal Equality Index from 82% to 100%. In addition to creating a more queer-inclusive city, Shannon developed programs around violence intervention (APPS), African-American wellness (AAMI), and anti-recidivism (Restoration Academy). Shannon was appointed to Council on October 7th of 2014 and subsequently won election in 2015 by more

The 2019 Positive Youth Leadership summit is excited to bring City Council President Shannon Hardin to speak with participants about his personal journey to become a local leader in politics and rising to become city council president including the obstacles he as black gay man has had to face.

President Hardin will discuss what it means to be a leader and advocate in 2019 and beyond.

### Your Voice, Your Vote, Your Future

Katy Shanahan: She/Her/Hers

"Every day, elected officials and policy makers at all levels of government make decisions that affect nearly every aspect of our lives. Whether it's holding committee hearings about how to modernize Ohio's discriminatory and stigma-based HIV statutes or implementing new rules that restrict access to life-saving HIV medications, their decisions make a real difference in our lives. Come learn about how to harness the power of your voice and your vote to affect real and meaningful change in your life and in your community. In this workshop, we'll talk about the basics of the legislative process, about why it's so important to get out and vote in every election, and about how you can help advocate for the issues that matter the most to you and your communities."

Katy Shanahan currently serves as the Advocacy Manager for Equitas Health, upon her arrival, launched the organizations first statewide voter registration drive and dedicated get out the vote efforts. Katy's more long-term work at Equitas Health includes working with Daphne Kackloudis to advocate for law and policy at the state, local, and federal levels relevant to our organization's policy priorities. Central to that is training our community members to become advocates for themselves in the electoral and legislative processes. Before joining Equitas Health, and throughout her career, Katy has built a commitment to ensuring that our most fundamental constitutional right to vote is protected and that all eligible voters have fair and free access to the ballot box. Prior to attending law school, Katy worked for five years on various candidate and issue campaigns in central Ohio. Her work included direct grassroots and community organizing, coalition building with organizations representing diverse racial, political, and socioeconomic communities, creating and implementing voter outreach and education programs, and policy advocacy work. Katy received her J.D. from the Ohio State University Moritz College of Law and a M.A. in Public Policy and Management from the John Glenn College of Public Affairs.

## THANK YOU TO OUR SPONSORS

Those responsible for the organization and presentation of the 13th Annual Positive Youth Leadership Summit would like to give thanks to the following organizations for their support and assistance with this year's summit.

This event would not be possible without the dedicated staff and volunteers who put in countless hours to create a space where all feel welcome. We would especially like to acknowledge the dedicate and hard work of the Ohio Youth Advisory Council or OYAC. OYAC has helped ensure we take lessons both good and bad from years past to create a summit where all feel welcome, validated, and heard.



**Equitas** Health

















Want it done? DO IT.

Got a dream?

Needs to be said? **SAY IT.** 



Marriott Columbus University Area

3100 Olentangy River Rd., Columbus, OH 43202





## WELCOME

Dear Leader,

Welcome to the 2019 Positive Youth Leadership Summit! We are excited to bring you an event that will offer a unique and affirming space to meet others from all walks of life. This two night, three-day Summit has been planned around the importance of advocacy, leadership, and self-care. This year we will focus our efforts on creating conversations with the theme of "Be the Change."

The Positive Youth Leadership Summit exists to not only provide an affirming space for individuals living with HIV to be themselves and meet others who share like identities, but as a space to create and develop leaders for the future. We want to encourage you to be the change in your life and in the lives of others.

Over this weekend you will attend workshops and have conversations that will challenge you, raise questions, and provide you with skills to continue developing your future. Got a dream? BE IT. Needs to be said? SAY IT. Want it done? DO IT.

If you have attended a summit in the past, we are happy to see you return! We encourage you to bring the energy and spirit from years past and contribute towards making this year's summit the best it can be for all of our participants. We ask that as someone who has attended previous Summit's, please reach out to first time attendees and give them the benefit of your experience. Show them what a creative and loving space the summit can provide.

For our first time attendees, welcome! We are glad you have decided to join us for this event. We understand that coming to something as unique as PYLS might seem scary or intimidating. That's OK. We encourage you to lean in and be vulnerable. Ask questions, seek answers, be curious. Get to know others and you will have the opportunity to arrive as a stranger but leave with lifelong friends.

"There's really no such thing as the 'voiceless'. There are only the deliberately silenced, or the preferably unheard."

- Arundhati Roy



The Positive Youth Leadership Summit is working to embrace change and lead for tomorrow. Over the weekend we will have conversations that challenge our perceptions and understandings. 2020 will bring more change, both on a political level and on a local level. We will work to show you the process to become more civically engaged in your local communities but also to strategize and provide you with holistic ways to take care of your mind, body, and spirit. We encourage you to take part in our morning Yoga Classes, our activity times, and to have conversations with those you might not otherwise.

As we move into the future, we hold a vision of a better tomorrow on our shoulders. A vision in which we bring more people together to the table to create conversations so we can continue to be the change we wish to see in the world.

Sincerely,

Devin Quinn Equitas Health Program Manager – Statewide Initiatives

## **EXPECTATIONS**

The Positive Youth Leadership Summit encourages all participants to "Be the Change" during this time together. We encourage you to speak your truth, ask questions, listen, and be vulnerable.

### We ask all attendees to review the following guidelines:

- The leadership Summit is an alcohol and drug free event. Smoking is only permitted in designated areas outside.
- PYLS is a safe space, the stories you hear must not be shared outside of this space unless you are given permission.
- Please adhere to the schedule and attend all workshops if able. Allowing yourself to take part and try new things will greatly enhance your experience.
- It's okay to need a break! If you find yourself needing to step away because you are feeling unwell for any reason whether its emotional or physical, simply let your group leader know and let our staff know how we can best support you.
- If you have questions, comments, or concerns, please bring them directly to your group leader.















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# **AGENDA**

### Friday, April 26

4 – 8pm	Participant Check-In, Resource Fair/Snacks	
6 – 6:45pm	Welcome	{ Ohio AB }
7 – 8pm	DINNER	{ Olentangy }
8 – 10pm	Games and Activities	{ Olentangy }
7 – 10pm	GCMC Commemorative Event **OPTIONAL**	{ Ballroom }

### Saturday, April 27 \*\*STI Testing Available 11:35pm - 3pm\*\*

8 – 9am	Yoga/Morning Movement	{ Ohio AB }
9:10 – 10:10am	BREAKFAST	{ Olentangy }
10:30 – 10:50am	Shannon Hardin - Keynote plenary	
10:50 – 11:35am	Katy Shanahan – Your Voice, Your Vote, Your Future	{ Olentangy }
45 MINUTE ACTIVITY	Creating Vision Boards { Ohio AB } or STI testing { TBA }	
12:20 – 1:20pm	T'Keyah Grier – Undetectable = Untransmittable	{ Ohio AB }
1:20 – 2:20pm	LUNCH & Presentation	{ Olentangy }
	Tiffany Morgillo – Advocating for Yourself as a Pharmacy patient:	
	The Importance of Medication adherence	
2:25 – 3:25pm	Akeem Jamal Rollins: Protecting Yourself and Your Partner(s):	
	PEP, PrEP, and mixed status relationships	{ Ohio AB }
3:30 – 4:10pm	Devin Quinn - Next Steps & Moving Forward; Plan for the 2020 Summit.	{ Olentangy }
4:20 – 5:20pm	Lynn Kidd – Building Leaders of Color	{ Ohio AB }
CHOOSE ONE TO ATTEND	Jacob Daniel – Meaningful Involvement of People Living with HIV	{ Olentangy }
5:30 – 6:30pm	DINNER/ Recognition ceremony	{ Olentangy }
6:40 - 7:40pm	Adrian Neil Jr. – Level Up: Strengthening Leadership	
	Among Youth Living w/HIV from the Inside Out	{ Olentangy }
8 – 11pm	Group outing to USA Skate /Free time	{ Olentangy }

### Sunday, April 28

Yoga/Morning Movement	{ Ohio AB }
BREAKFAST *Sit in assigned small groups*	{ Olentangy }
Ashton Kimbler – My Boundaries Matter:	
Discussing Microaggressions & Self-Advocacy	{ Olentangy }
Check out (luggage brought to Scioto B), Housekeeping items	{ Scioto B }
Randle Moore, Avery Brooks, Jay Daniels – Patients Teach Providers	{ Olentangy }
LUNCH	{ Olentangy }
Feda K Khrais & Bryan Richmond: The Path the Self Love	{ Olentangy }
Healing Circle	{ Ohio AB }
Closing & post surveys	{ Olentangy }
	BREAKFAST *Sit in assigned small groups*  Ashton Kimbler – My Boundaries Matter:  Discussing Microaggressions & Self-Advocacy  Check out (luggage brought to Scioto B), Housekeeping items  Randle Moore, Avery Brooks, Jay Daniels – Patients Teach Providers  LUNCH  Feda K Khrais & Bryan Richmond: The Path the Self Love  Healing Circle

## **AGENDA**

### **PYLS COMMITTEE**

Meet the team who has helped build the 2019 Positive Youth Leadership Summit. The PYLS Committee is your own personal support system throughout your stay with us this weekend and thereafter! Scholarship recipients are encouraged to seek out information about this year's summit from any of the individuals featured below.

If you're interested in finding out how to become a member of the 2020 Ohio Youth Leadership Summit planning process, please touch-base with one of our chair members.

#### **CHAIRS**



**De'Juan Stevens He/Him/His**Registration Committee Chair



Mykalah Anderson She/Her/Hers Logistics Committee Chair



Dominic Ali-Stinchcomb He/Him/His Marketing Committee Chair

### **SUMMIT GROUP LEADERS**



Austin Benamon
He/Him/His
Group Rise



Dontae Hobson He/Him/His Group Strength



Lance Malone He/Him/His Group Prosper



Olivia Payne She/Her/Hers Group Flourish



Avery Owens
He/Him/His
Group Thrive

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## **SESSIONS & SPEAKERS**

### **Undetectable = Untransmittable**

T'Keyah Grier: She/Her/Hers

An interactive presentation on U=U. Participants will engage in an interactive discussion and presentation that will discuss what the term U=U means. After the presentation, participants will then participate in an activity that will teach them how to spread the awareness of U=U in their community and how to increase advocacy efforts in the community as well using marketing strategies.

T'Keyah Grier is a consumer educator at the Midwest AIDS Training and Education Center (MATEC) at the University of Cincinnati. As a consumer educator, she works on providing educational trainings to people who are currently living with HIV/AIDS. T'Keyah received her Bachelor of Science degree in 2016 in Food and Nutrition at the University of Cincinnati. She later returned to the university to pursue her Master degree in public health (MPH). She earned her MPH with a concentration in health education in 2018 and has been working in community health ever since. She has a strong passion for doing community work and teaching others about various health topics.

#### Advocating for Yourself as a Pharmacy patient: The Importance of Medication Adherence

Tiffany Morgillo: She/Her/Hers

Understanding the pros and cons of medication adherence will encourage patients to adhere to their medication regimen. In this presentation we will discuss the possible outcomes of missed doses, lengthy med vacations, and other resistance causing risk factors. Obstacles to adherence are different for every person. We will discuss some of the more common obstacles and ways to navigate through them. Also, we will discuss ways to problem solve when faced with an unexpected hurdle. Confidence to ask questions about your medications and their costs is a key factor in adherence. A pharmacy setting can be intimidating, especially to a patient who is new to daily medications. We will discuss ways to comfortably approach Healthcare Professionals with questions and concerns.

Tiffany Morgillo-Zunk has been a Quality and Data Assistant with The Ryan White Program at UTMC since September of 2018. Previous to this role, she was a Certified Pharmacy Technician for the UTCare Pharmacy, a Ryan White 340b pharmacy, that is housed within The Ryan White Program beginning in February of 2012 giving her over 7 years of Ryan White experience. She has spent a total over 12 years as pharmacy technician in a variety of retail settings. Tiffany has passion for serving the Ryan White Community and striving to continuously improve patient's overall quality of life. She has led projects such as food delivery programs and increasing the poverty level requirement for clinic assistance to encourage improved patient medical outcomes.

#### **Protecting Yourself and** Your Partner(s): PEP. PrEP. and Mixed Status Relationships Akeem Jamal Rollins: He/Him/His

This workshop will help participants learn how PrEP and PEP can help make sero-discordant relationships safer and more fulfilling, dispel and debunk myths about medication assisted prevention methods, and provide knowledge on PrEP's effectiveness and the extensive research around the use of Truvada for prevention.

AKeem Jamal Rollins is a PrEP Navigator in Northeast OH. He has been working with PLWHA since he was 15. His first job was with Kaiser Permanente's Educational Theater Program in a production of "Secrets," a play about HIV, STIs, youth, and Prevention. He is trained in HIV testing, Personal Cognitive Counseling, CDCA, a Sexual Health Educator, and is completing his degree in Education at Cleveland State University.

#### Next Steps and Moving Forward, Planning for the 2020 Summit Devin Quinn: He/Him/His

Statewide Initiatives Program Manager Devin Quinn will engage the Summit in large and small groups to discuss changes coming to next year's summit, what it means, and how to reach new leaders moving forward.

## **Building Leaders of Color**

Lynn Kidd: She/Her/Hers & Sean Hubert: He/Him/His

This workshop is divide in to two parts, one will be to define stigma and the compounding factors that exist as framed by intersectionality. The goals at the end will be for participants to be able to Identify Forms of Stigma, Define Intersectionality, and Explore Tenets of Intersectionality. The second part of this workshop is to teach participants about the Ryan White HIV/AIDS Program (RWHAP) with a focus on the HIV Care Continuum. Participants will learn how the RWHAP was created through a combination of agitation, activism, and advocacy by Persons Living with HIV and their allies to build and sustain a system of care aimed at reducing HIV-related morbidity and mortality. Discussions will include how RWHAP programming is designed to meeting the needs of Persons Living with HIV by ensuring local control of funding priorities and how consumer involvement is mandated in planning, development, implementation and evaluation of services funded through the

As an HIV advocate, consumer and educator Lynn provides endless service to the residents of Columbus and has extended her efforts statewide, nationally as well as internationally. Lynn is currently COHPA (Central Ohio HIV Planning Council) Co-Chair and volunteers her time to sit on committees in order to stay abreast of HIV policies that are being made and services rendered that will affect persons living with HIV. As well as to prevent those who are not living with HIV from becoming infected. In the past Lynn served as a HIV board member with several organizations locally, statewide and internationally.

Sean currently serves as the Director of the Ryan White Part A Program for the Columbus TGA. He is responsible for setting direction and policy, community partnership building, advocacy, management of a multi-disciplinary staff, budget oversight, grant writing and management. Sean was awarded the Urban Community Service Award, Urban Community Awards and Recognition Program (UCARP), Columbus Ohio. Sean is a graduate of The Ohio State University with a B.S. in Environmental Science-Law and Policy and a graduate of The United Way of Central Ohio Pride Leadership Program Cycle 4.

# **SESSIONS & SPEAKERS**

#### Meaningful Involvement of People Living with HIV (MIPA) Jacob Daniel: He/Him/His

& Mark Hughes: He/Him/His

Participants will learn the importance of their voice, when decisions are being made around people living with HIV, especially people of color. Participants will be able to define meaningful involvement of people living with HIV/AIDS, provide examples of MIPA, and provide clear examples of leadership pipelines embracing MIPA. Participants will be shown data and plan an outline to end stigma and increase MIPA in minority groups.

Jacob Daniel, currently lives in Indianapolis, Indiana and started working as a volunteer HIV tester, at Brothers United (a AIDS Service Organization) during his freshmen year of college. During that time, he had opportunities to go to leadership training through NMAC, Sero Project, and OYMAC PYLS. Through those trainings, he has developed different tools to get people of color living with HIV and involved in advocacy. Being mentored by "Thrivers" (long term survivors) has helped with dealing with his personal HIV journey and they have shown him what becoming a strong black man living with HIV is all about.

### **Level Up: Strengthening Leadership Among Youth Living** w/HIV from the Inside Out

Adrian Neil Jr.: He/Him/His

Considering the impact HIV has had on Black gay men, there is a need for greater leadership of Black HIV+ gay men in HIV prevention and care, ensuring this community plays a direct role in identifying strategies and approaches to address their self-identified needs. In order for Black gay men to lead communities we must first learn how to lead ourselves and this requires to intentionally reflect on who we are and how our experiences influence how we lead. Using the culturally humility framework this workshop will provide a space for participants to explore who they are as leaders on an interpersonal and intrapersonal level.

Adrian serves as a capacity building specialist for the AIDS United Getting to Zero initiative. He brings almost ten years of both professional and personal experience providing direct service to people living with HIV, policy and advocacy, mobilizing communities, and capacity building and facilitation. Adrian is a St. Louis native who completed his undergraduate studies at Ohio University with a concentration in dance and choreography.

### **My Boundaries Matter: Discussing Microaggressions** and Self-Advocacy

Ashton Kimbler: He/Him/His & Shinesha Yoder: She/Her/Hers

Microaggressions can range from awkward questions or ignorant comments to straightup hateful words. They are hard to deal with in any form and can really build up and damage our mental and emotional health. So how do we reduce the impact of these frustrating interactions?

This workshop will be defining the three types of microaggressions, discussing actions we can take to advocate for ourselves, and exploring our personal boundaries and what it means to feel safe and respected.

Ashton Kimbler is the Outreach and Safety Program Assistant at BRAVO. Shinesha Yoder is the Survivor Services Coordinator at BRAVO. Ashton and Shinesha also oversee BRAVO's youth programming.

### **Patient's Office: Patients Teaching Providers About the Care We Need**

Randle Moore: He/Him/His, Avery Brooks: He/Him/His, & Jacob Daniel: He/Him/His

An interactive conversation with health care providers and the communities they serve. Members of the Youth Summit Planning Committee will foster a dialogue between providers where participants can ask questions, and discover how to build an equitable relationship with their healthcare provider. This is an opportunity for participants to tell a group of medical professionals how doctors can be more supportive of youth patients who are HIV positive, LGBTQ+, and/or people of color.

#### Path the Self Love workshop Feda K Khrais: She/Her/Hers & Bryan Richmond: He/Him/His

In this workshop, participants will learn the importance of loving yourself while living with HIV, understanding how to not to let society dictate your happiness and accepting your identity no matter the circumstance.

Feda Khrais is a Quality and Data Assistant for the University of Toledo Medical Center Ryan White Program since 2016. She holds a bachelor's degree in Health Care Administration and a minor in Public Health from the University of Michigan. She is a first generation American in the United States. Her father immigrated from Jordan and her mother immigrated from Syria. She has a passion for helping others and creating a diverse environment for all. Mrs. Khrais also sits on the board for Muslim Student's Association for the University of Michigan and Muslim Youth Empowerment for Toledo Muslim Community Center.

Bryan Richmond has been a consumer advocate with The Rvan White Program at UTMC since 2018. For over 2 years prior to this role he was a Certified Phlebotomist. Bryan was diagnosed in February of 2014 and hopes to share his experiences in order to educate the community on how to avoid letting your diagnosis define you. Also, Bryan feels passionately about teaching others how to advocate for themselves when it comes their health and well-being.

### Morning Yoga

Olivia N. Atley: She/Her/Hers

"Olivia N. Atley, affectionately known as Libby, is a life-long lover of the arts and wellness. She began dancing at an early age at the Elyria YWCA (Elyria, Ohio), and continued dancing (singing and acting) at her home church and in school productions. Upon graduation from Southview High School (1996) Libby went onto pursue and obtain a degree in Dance Performance at Bowling Green State University (2000). Libby's journey to a master's degree in dance production introduced her to yoga. She used this as another means to lead a healthier lifestyle and express her innermost thoughts." (squareup. com/store/busyby)

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