

ENGAGE!
YOUR HEALTH.
YOUR POWER.
YOUR COMMUNITY.



OHIO YOUTH LEADERSHIP SUMMIT



YOU ARE
BEAUTIFUL

ABOUT THE OHIO YOUTH LEADERSHIP SUMMIT

For the past thirteen years, this week-long program has historically served HIV+ youth within the state of Ohio. Moving forward, our summit will be an annual fun, educational week-long experience where both HIV+ and HIV- youth (ages 18-29) from Ohio will be engaged in programming that encourages independence, personal and political empowerment, and leadership development.

We understand that HIV positive young adults face a unique combination of issues related to their age and HIV status. Efforts targeting young adults living with HIV are typically related to education and screening, which can still unintentionally discount those who already have an HIV positive diagnosis. Furthermore, medical care for HIV does not always address integral familial, social, community, and personal issues.

HIV also affects everyone. While medications like PrEP and PEP allow for more methods of HIV prevention, Black and brown folks continue to make up the majority of new HIV infections. The Summit will be expanding its scope to include HIV negative individuals as a way to educate and empower communities still at high risk for contracting the virus due to social and structural barriers like racism, poverty, and stigma.

One of the main goals for the summit is to prepare young people from across Ohio to advocate for themselves and their communities by teaching them various topics such as harm reduction, resume building, consent and healthy relationships, and more.

ELEVATE YOUR VOICE (EYV)

This year at The Ohio Youth Leadership Summit we chose a select group of participants to present and share their experiences whether living with or affected by HIV. Elevate Your Voice (EYV) is an opportunity youth express themselves, as well as share and teach their peers about a topic of their choice! Individuals selected will also serve as leaders for the summit and be given additional responsibilities such as; leading group activities, learning public speaking skills, and helping to facilitate guest speakers.

A LOOK BACK TO 2019





WELCOME

This leadership summit has a long tradition in Ohio. It originated under the former Ohio AIDS Coalition with the mission of providing an unprecedented safe space for young people living with HIV to gather and commune without the fear or consequences of HIV stigma. As the times and funding have changed, the summit grew into a skills building and development conference aimed at equipping all youth with the tools needed to help lead the fight against HIV in their communities.

This year the summit is a little different.

This pandemic has taken a major toll, but even more so on marginalized communities, including people of color and people living with HIV, so we thought it necessary for the summit to continue. This was an opportunity to provide a moment of levity during the tragedy, and to provide an important reminder that the fight to stop HIV/AIDS does not end because COVID-19 began. If anything, this pandemic should only strengthen our resolve.

I could not be prouder of my colleagues, Alexander Frazier, Dkeama Alexis and Devin Quinn, for all their hard work and their innovative leadership to quickly shift all the planning the goes into summit in a very short amount of time to still make the summit a reality. I also want to thank the Ohio Youth Advisory Council for their contributions in helping bring the summit to fruition.

Scientifically, we have all the tools needed to end this epidemic. HIV medications, if taken daily, not only have increased the life expectancy of people living with HIV to match the national average, but they also prevent passage of the virus to others. And for those who may be at risk of acquiring HIV, pre-exposure prophylaxis (PrEP) is now a proven option for protection. The barrier now to ending the epidemic is lack access to these important tools, fueled by health inequity and institutional oppression in our healthcare systems.

I truly believe that if we were able to end health inequity today we could end the HIV epidemic tomorrow. Science has done their part, now it is time for us to do ours. Thank you again for taking this important step and joining this summit so you can become a part of the solution. Commit to taking the knowledge you learn in this summit back to the communities you hold dear, because ending the HIV epidemic truly begins with us.

In solidarity, always,

Dwayne Steward, MPA
Equitas Health Director of Prevention



THE 2020 CHALLENGE

The Ohio Youth Leadership Summit began in 2020 under a new mandate, new team, and with an entirely new focus and mission. This year, as participants, you worked to embark on a journey of learning and discovery during the worst global pandemic in a century. You took the time out of your busy schedules and committed yourself to learning facts and skills to help you work towards making your life and the lives of others more just, centered, and well. It has been the privilege of our year to walk with you on this experience and we thank you so much from the bottom of our hearts.

The OHIV team was not entirely sure how we were going to transform the summit from an in person event to a virtual webinar series but we are grateful you could be the first (of what we hope to be many) to experience the process. We take with us the thoughts and memories from this event so we can apply lessons learned to our next Youth Summit in 2021. I am proud to say we were able to connect 15 individuals from all walks of life and provide stipends, care packages, and supplemental learning materials four different times to each one of you over the last 4 months! We want to stay connected with you through your leadership journey's and hope that you will reach out to us if you are ever in need of guidance, community, or support in which we can aide. We also encourage you to continue to access resources in the teams chat and stay connected with one another. The Youth Summits of years past have been known to forge lifelong friendships and bonds, we hope we were successful in continuing that legacy.

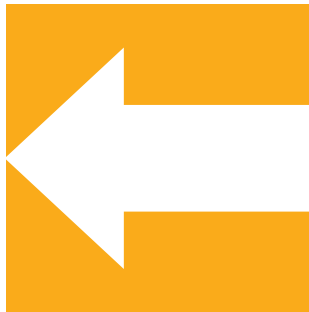
I would like to thank our sponsors, funders, and donors; The Ohio Department of Health, Janssen Pharmaceuticals, the CDC, Outreach Promotional Materials, LGBT Center of Cleveland, Equitas Health, and AIDSWalk 2020 walkers, for ensuring we could provide the necessary materials to our sessions. Additionally, I would like to thank our guest speakers, Avery Ware, Javier Alvarez, and Luz Emma Cañas for coming to our space and gracing us with your knowledge and skills. You helped our participants grow in their knowledge of desirability politics, harm reduction, and meditation. Lastly, I would like to thank my amazing team Dkéama Alexis and Alexander Frazier – their passion, drive, and fervent dedication turned this summit from a simple idea in an office conversation to fully fledged program. I have learned so much working alongside them and I am forever grateful to you both and your commitment to the work we do and those we serve.

While 2020 has been difficult for too many reasons to list, we hope the last 4 months on each 3rd Saturday was a welcoming place that you can look back on fondly, and we wish the very best to you for the rest of the year and beyond. We have listed the contacts for our speakers and the OHIV team below and we look forward to hearing from you

To doing good,

Devin Carlos Quinn
Senior Program Manager

MEET THE TEAM



Devin Quinn (He/Him)
Senior Program Manager

Devin has worked in HIV/STI care and prevention for 6 years beginning with his work at Nationwide Children's FACES program and as Vice President of the non-profit, Youth Across Borders. Devin has worked as an advocate and defender of those living with and affected by HIV/AIDS after his HIV diagnosis in 2012.



Dkéama Alexis (She/He/They)
Program Coordinator

In 2017, she co-founded Black Queer & Intersectional Collective (BQIC – pronounced “be quick”), a grassroots community organization working towards the liberation of Black LGBTQI+ people through community organizing, direct action, and creating spaces where our voices can be heard. In his spare time, you can find Dkéama learning about astrology, reading tarot, listening to podcasts, sharing joy with loved ones, and organizing with BQIC, Columbus Community Pride, and the Columbus Freedom Coalition



Alex Frazier (He/They)
Program Support Specialist

An artist, activist, and educator born and raised in Cleveland, Ohio, Alex recently moved to Columbus where he currently serves as program support specialist for the OHIV STI Hotline/ Statewide Initiatives . Alex is a part of the leadership team planning this year's leadership summit.

2020 GUEST SPEAKERS



Avery Ware, M.A. (He/Him)

He is a Higher Education professional, an adjunct professor, and a writer originally from Lorain, OH but currently based in Cleveland, OH. They hold a BA in Sociology from The University of Akron and a MA in American Studies from Youngstown State University. His work covers Black queer history, gay male culture, popular & visual culture.



Luz Emma Cañas (She/They)

Luz Emma Cañas Madrigal graduated with highest honors from the Chicano Studies Department at the University of California, Santa Barbara. She was a Graduate Fellow in the Department of World Arts and Cultures, U.C.L.A., while attaining her Master's Degree in Dance Movement Therapy. She has led workshops on healing the mind-body interface at Columbia University, Harlem Hospital, and American Airlines and has worked with a wide variety of clientele ranging from pre-verbal children to recording artists. Luz is giving continuity to the Capoeira passed down to her by her deceased master and husband, Jorge Luiz de Souza Jesus through Capoeira Muçurumim. The first Capoeira group to be founded, and directed, by a woman in the United States.

2020 GUEST SPEAKERS



Javier Alvarez (He/Him)

My name is Javier Alvarez I am the Naloxone Outreach Specialist at Safe Point. I provide Naloxone trainings and education for individuals who currently inject drugs, concerned citizens and community service workers who support Harm Reduction principles and want to aid in saving lives. I also engage our volunteer base, providing updates and continuing education as the illicit drug on the ever-changing illicit drug landscape.



Rhonda Cumberbatch, LSW (She/He)

Rhonda was born on the Caribbean island of Trinidad where they spent the first 15 years of his/her life. S/He obtained an Associate's degree in Early Childhood Education and a B.A. with majors in Spanish and Psychology from Anderson College (now University). He/she went on to graduate with an M.A.E. in Early Childhood Education and an M.A. in Counseling Psychology from Ball State University. S/he later went on to obtain an LSW from the Ohio CSWMFT board. This began her/his long career in working with youth; beginning with counseling in the rural areas of Ohio and then in private practice. Rhonda transferred into teaching at a private Montessori school where her/his son attended. H/She moved from there to begin working with more at risk youth in teaching in an inner city setting and then counseling with young people and families who had experienced significant trauma. During this last assignment, s/he had the opportunity to work with LGBTQ+ youth who were experiencing trauma of their own. H/She has also been involved with the Diversity and Inclusion Council at that agency.

2020 AGENDA

SESSION 1 • AUGUST 15

HIV/STI 101 PrEP,PEP,PAPI

- Welcome to the 2020 OYLS!
(Alex, Dkéama, Devin) (12:00-1:00)
- Break (1:00-1:10)
- HIV/STI 101 + PrEP/PEP (1:10-1:40)
 - » Shay and TK
- HIV Care, Advocating for Yourself (1:40-2:05)
 - » Goal-Setting with Your Provider
- Break (2:05-2:15)
- River of Life Activity (2:15-2:45)
 - » Elevate Your Voice
- Action items and closing (2:45-3:00)

SESSION 2 • SEPTEMBER 19

Consent & Healthy Relationships, Community Accountability

- Intro, housekeeping, check-ins, revisiting community agreements (12:00-12:20)
 - » Emphasize “challenge by choice”
 - » Take all the breaks you want
 - » Content warning about sexual assault, rape, abuse mentions
- What is TJ/CA? -- Dkéama/Alex (12:20-12:40)
 - » Overview of TJ/CA -- Dkéama
 - » Why we are choosing this framework? -- Alex
 - » Open discussion:
 - » Why it’s important
- Quick temperature check (12:40-12:45)
- Presentation from BRAVO (12:45-1:15)
 - » Leave time for questions
- Small group discussions/activities/ reflections (each group does something different -- include materials for all three activities in the kits) (1:15-1:45)
 - » Safety Planning 101 -- Devin
 - » Bystander intervention 101 -- Alex
 - » Podmapping -- Dkéama
- Break (1:45-1:55)
- Debrief from small groups (1:55-2:05)
- Presentation from Avery (2:05)
 - » Leave time for questions
- Closing (2:35 or 2:50 till end)
 - » Post survey and compensation

SESSION 3 • OCTOBER 17

Harm Reduction + Community Care

- Introduction (15-20 minutes) 12:05-12:25
- Housekeeping
- What is harm reduction? What is community care?
- Break(5 minutes)
- SafePoint (30-45 minutes) 12:35-1:20
- Break (10 minutes)
- HIV/STI Review (30 minutes) 1:30-2:00
- Breakout groups (30 minutes) 2:00-2:30
- Elevate Your Voice (30 minutes) 2:30-3:00
- Closing

SESSION 4 • NOVEMBER 21

The Art of Storytelling

- Housekeeping (15 minutes) (12:00-12:15)
- Luz: Introduction & What is Kundalini Yoga (15minutes)(12:15-12:30)
- Luz: Gentle stretching and Kundalini Warm-Up (15 minutes) (12:30-12:45)
- Luz: Meditation (15 minutes) (12:45-1:00)
- Luz: Free-Write, Processing, Q&A (30 minutes) (1:00-1:30)
- Break (5 minutes) (1:30-1:35)
- Shay & TK (15 Minutes) (1:40-1:55)
- Break (5 Minutes) (1:55-2:00)
- Breakout Groups (20 Minutes) (2:00-2:20)
- Elevate Your Voice & Resonance (40 Minutes) (2:20-3:00)
- Closing



OHIV.org

POSITIVE, NEGATIVE, UNSURE?

We are here to help.

Donate today and help make a difference across Ohio! Just scan the QR code below. Your donation will help support statewide initiatives such as Free Condom Project, at-home testing, and the Ohio Youth Leadership Summit.



OHIV

SERVICES

OHIV Hotline

The Ohio HIV/STI Hotline — aka OHIV — privately & anonymously provides information about HIV, STIs, sexual health, and testing/health resources through a live hotline, online chat, and web-based resource listings. The Hotline is also a resource for people living with HIV, and acts as an information and referral service to Ohio residents. Health professionals may also contact the Hotline to find resources, testing sites, and general care information. Our Hotline operators are always happy to help in any way possible. Don't hesitate to contact us with any questions, comments, or concerns!

Free Condom Project

We provide free condoms to Ohio residents over the age of 16 by mailing to your desired address. You can choose from our 4 varieties: Regular, XL, Latex Free, or Dental Dam packs.

Test at Home with OHIV

We offer free HIV at home test kits to qualifying Ohio residents! Whether you're too nervous to go to a doctor, don't have transportation, or just want privacy, we got you!



2020 PARTICIPANTS



Melvin Lightner (He/Him)

My name is Melvin Lightner. I identify as a gay black man. My pronouns are he/him/his. I am 29 years old. I am currently a prevention specialist at Equitas Health. I enjoy outreach work and community engagement. I also am in the position to do HIV testing and Sex & HIV/AIDS education. I am studying for my associate's degree In Business and Entrepreneurship of Culinary Arts. I was formally, a bartender at the Interbelt of Akron, and a nurse aide and lead cook at summa rehab hospital. As I inspire to better myself daily, I hope to continue serve my community and live out the servant I was created to be. I truly have a passion for people regardless if they come from different walks of life. I love learning, teaching others and bringing others along with me to make a positive difference together.



Shay Parker (He/They)

My name is Shay. I am a queer non-binary person based in Cleveland. My interests include video games, mental health, hiking, and art (mostly 3D). I am looking to connect with other queer folks here at OYLS and possibly be inspired on how to utilize art as a form of education for others.



Kenyatta Cloud (She/Her)

Presentation: Personal Narrative; Being boring with HIV and striving

Started in 1995, a little girl was born in mid-July on the 19th to be exact. After three boys, her mother finally had her very first girl. The whole family adores her but for some reason she kept having a running nose and not as active as other infants in the same age group as her. The little girl grew up with her grandparents and they would always have to run back and forth to the hospitals in fear. Due to her being so young, she kept having extremely high temperatures and the antibiotics that were given was not working. Her grandparents searched for resources and more Doctors until they came across the one who answered everyone's question. University Hospitals Pediatrician Dr. Deborah Brenda revealed in 1997, 2 years later the little girl was diagnosed HIV+. From there on out the pediatrician formed a HIV antiretroviral cocktail for the little girl and she took that with Sunny Delight. That girl is I.

2020 PARTICIPANTS



Kaiya Gordon (They/Them)

Kaiya Gordon is a poet and essayist from the San Francisco Peninsula, living in Columbus, Ohio. Currently, they are working on a multimodal manuscript considering archival representations of Trans people and movements; pursuing a PhD in Feminist Studies; and learning how to develop networks of care and safety divested from state violence. The Guardian, poets.org, Cosmonauts Avenue, Split Lip Magazine, Triangle House Review have published Kaiya's work. Their favorite karaoke song is "Basket Case" by Green Day.



Timothy R. Bussey, Ph.D. (They/Them)

Presentation: ASEXUALITY 101: The Importance Of Ace Inclusion In HIV/STI Prevention Programs

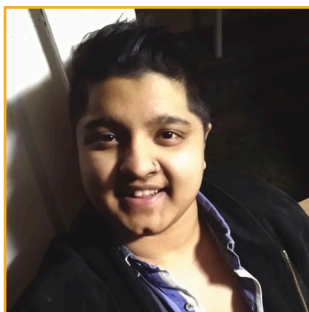
Timothy R. Bussey is the Associate Director for the Office of Diversity, Equity, and Inclusion at Kenyon College in Gambier, Ohio, where they support LGBTQ+ inclusivity initiatives across campus and beyond. In addition to this, they also serve as the Vice President for the Board of Directors of the Newark Ohio Pride Coalition. Previously, they served both as the Acting Operational Director of the Newark Ohio Pride Coalition and a Visiting Assistant Professor of Women's and Gender Studies at Kenyon College. Their research interests include queer military history, LGBTQ+ educational support, and LGBTQ+ politics and policy. BUST Magazine, The Conversation, The Associated Press, and The Gay & Lesbian Review have published their most recent work among others.



Diwe Augustin-Glave (They/Them)

My name is Diwe, I am from Cleveland and I use they/them/theirs pronouns. I am a Black queer poet studying Theater, Africana Studies, and Creative Writing at Oberlin College. I love performing around campus as a poet, comedian and theater actor. I am very excited to participate in this year's Ohio Youth Leadership Summit. I have lived in Ohio my whole life and want to give back to my community outside of the institutions I have been privileged to attend and be a leader in. I am currently curating a digital space for Black queer artists called BURN BARS (@barsburn on ig), "Black Untold Radical Narratives by Black Art Radicals, a Series", here we can share our work, and learn from each other, while donating and raising money for mutual aid funds and organizations working towards the liberation of Black and Brown people.

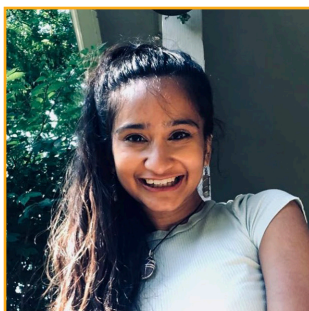
2020 PARTICIPANTS



Twinkle Panda (She/They)

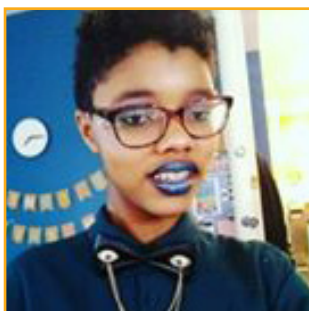
Presentation: The effects of Imperialism on The HIV Epidemic

Twinkle is a South Asian queer leftist activist. They are currently a journalism student at Ohio State. They are interested in building strong queer communities that can support each other and fight their oppressors.



Lalitha Pamidigantam (She/Her)

Lalitha Pamidigantam is a recent graduate of the Ohio State University John Glenn College of Public Affairs. She has been deeply committed to eradicating the sexual stigma faced by members of her South Asian-American. She is a fierce advocate for women and the LGBTQ+ community, a believer in judgement-free spaces, and a consumer of all things vegan in Columbus. You can find her at @LalithaDoesThings on Instagram.



Judah Clayton (He/Xe)

I am Judah, a freshman at Vanderbilt University. I am happy to be able to spend this time with everyone in the coming months. I identify as a nonbinary stud, and am an avid writer and reader above all else. I like to think I am compassionate before anything else, Bio: My name is Tiffany Anderson and I use she/any gender-neutral pronouns. I am a recent graduate from Ohio University with a BA in Women's Gender and Sexuality Studies with a certificate in Diversity Studies. I am a writer and love listening to different types of music. Additionally, my favorite colors are darker colors and I enjoy learning about the greater universe.

2020 PARTICIPANTS



Jaron Ginn (He/Him)

My name is Jaron Ginn. I am an African-American male who is HIV positive. When I first found out that, I was positive my whole world crashed. It was at a point where I wanted to begin to get my life together and at that moment I was ready to make the first step is when I found out about my diagnosis. I since then have thrived and picked myself up. I am currently in school for Health and Human Services. I am very excited to be a part of the Ohio Youth Leadership Summit. I enjoy regular things such as cooking, Netflix, good music, and journaling. I am very active in my local church ministry. Thank you for the opportunity to be a part of something of this magnitude and greatness.



Imani Fitzgerald (She/Her)

Sha-Lemar Davis (She/Her They/Them)

Waverly Evans (She/Her They/Them)

Tiffany Anderson (She/Her They/Them)

Jaie Allen (He/Him)

THANK YOU TO OUR SPONSORS



**THERE IS NO EMOJI FOR POWERLESS
AND ISOLATED.**

**IF YOU OR SOMEONE YOU KNOW HAS
EXPERIENCED SEXUAL ASSAULT...**

TALK TO A FRIEND. GET HELP.

CONTACT BRAVO: (866) 862-7288

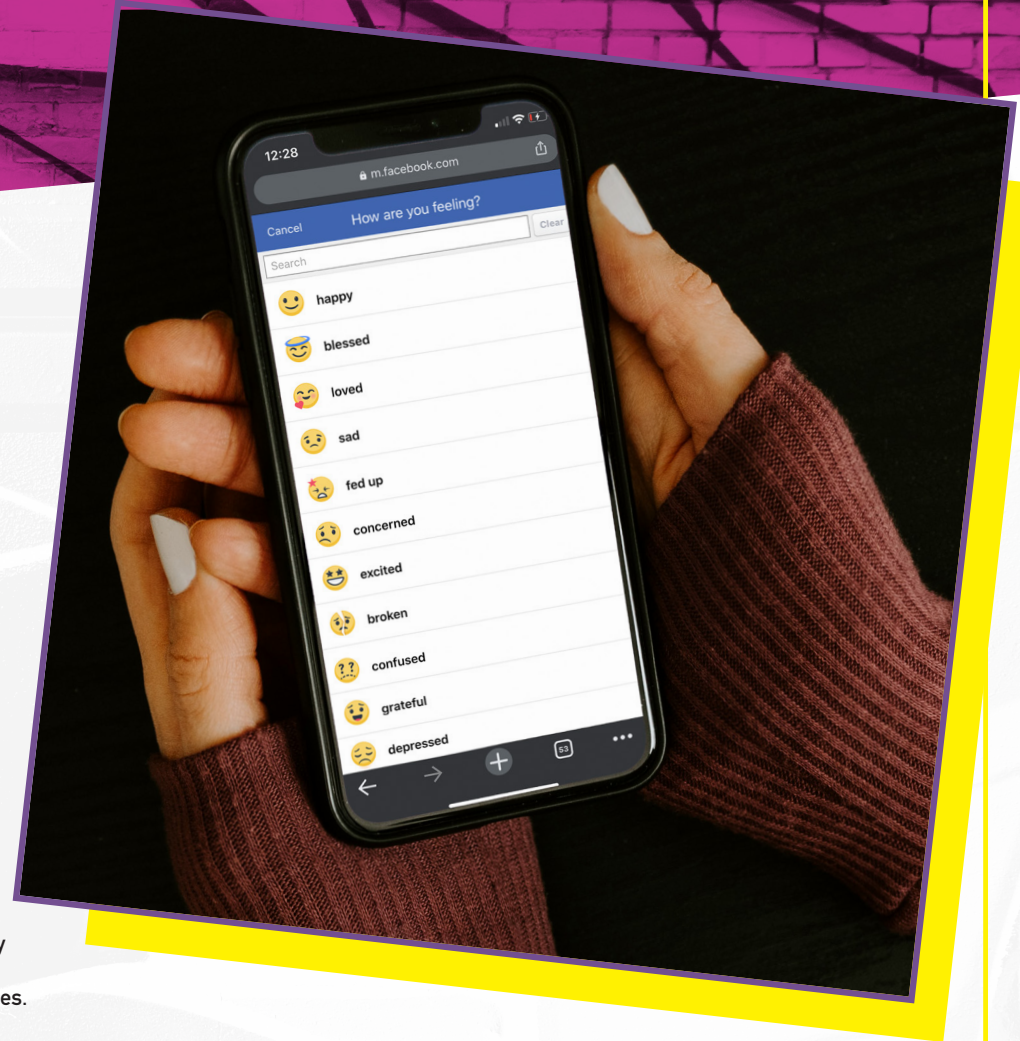
TEXT: (614) 333-1907

LIVE CHAT: BRAVO-OHIO.ORG

AVAILABLE M-F | 9 AM – 7 PM*

BRAVO works to eliminate intimate partner violence, sexual assault, stalking, and any violence committed due to sexual orientation, gender identity, and gender expression through prevention, education, advocacy, violence documentation, and survivor services.

**Additional hours typically available with the support of our wonderful volunteers.*



BRAVO
Buckeye Region Anti-Violence Organization A Division of Equitas Health

BRAVO-OHIO.ORG



Established in 1984, Equitas Health is a regional nonprofit community healthcare system.

A federally-designated Community Health Center, it is one of the largest LGBTQ+ and HIV/AIDS serving healthcare organizations in the United States.

Equitas Health Pharmacy reinvests 100% of profits back into the organization's programs and services.



We Start by **Listening.**

-  **MEDICAL:** Primary care, specialized HIV care, trans health, PrEP/PEP, women's health, and other services
-  **PHARMACY:** Full-service community pharmacy open to the public
-  **BEHAVIORAL HEALTH:** Psychiatry, individual counseling, and support groups
-  **DENTISTRY:** Comprehensive oral health exams, cleanings, and emergency care
-  **HIV/STI TESTING:** Free, confidential or anonymous counseling, education, and testing services
-  **PrEP HEALTH NAVIGATION:** Support accessing PrEP and programs that cover PrEP-related expenses
-  **HIV HEALTH ADVOCACY:** Health navigation and linkage to social services for people living with HIV
-  **HIV HOUSING ASSISTANCE:** Long and short term rent and utility assistance for people living with HIV
-  **HARM REDUCTION:** Syringe exchange, overdose prevention education, HIV/HEP-C testing, and linkage to primary care and addiction treatment
-  **SURVIVOR SUPPORT:** Crisis intervention, advocacy, case management, and support for LGBTQ+ survivors
-  **LEGAL SERVICES:** Free name & gender change legal clinics. Legal assistance referrals for healthcare access & LGBTQ+/HIV discrimination issues



SAFE POINT

(614) 460-1406
SAFEPOINTOHIO.ORG

SAFE POINT IS A LEGAL PROGRAM OPERATED BY EQUITAS HEALTH WITH SUPPORT FROM COLUMBUS PUBLIC HEALTH

Educating the community about safer drug use, fighting the spread of infectious disease, and providing drug treatment enrollment.

Safe Point is a program of Equitas Health that works under the philosophy of a comprehensive harm reduction model to educate the community about safer drug use and fight the spread of infectious disease. We are committed to making the drug using community healthier while providing access to drug treatment enrollment.

SERVICES OFFERED:

- Syringe exchange and safer injection use education
- HIV/STI/Hepatitis C testing and linkage to care
- Linkage to medical care
- Drug intervention treatment referrals & counseling
- Overdose prevention education
- PrEP referrals
- 22G syringes for the trans community

Some services may not be available at every session. Please contact us to confirm specifics.

Safe Point is a legal program operated by Equitas Health with support from Columbus Public Health.





**OHIO YOUTH
LEADERSHIP
SUMMIT**

WE'LL SEE YOU NEXT YEAR